Application Requirements

- Minimum Sophomore Standing
- 2.75 Undergrad GA, 3.0 Grad GPA
- Spanish not required
- Ed Abroad application materials (May 1st deadline)
- In-person interview
Program Costs

• Tuition & Fees = $3,135
  – 6 credits, on-ground transport, food, lodging, Int’l health insurance, carbon offsets, and all fees.

• Estimated Additional Costs = $1,320
  – Airfare, extra meals, passport, personal spending $

• Total Estimated Costs = $4,455

• Cost reduction ideas:
  – Financial Aid may apply
  – Scholarships are available – See Ed Abroad’s site
  – Create a personal www.gofundme.com campaign
  – Possible fundraising as a class
Credits

Three* 6-Credit enrollment options:

6 credits SySc 410/510: Living Systems Immersion - Sustainability & PDC in the Peruvian Andes

6 Credits USP 410/510: Living Systems Immersion - Sustainability & PDC in the Peruvian Andes

4 credits SySc 410/510: Living Systems Immersion - Sustainability & PDC in the Peruvian Andes

2 credits PSY 410/510: Living Systems Immersion - Ecocultural Psychology
Course Requirements

• Pre-trip
  – Online orientation and personal intro prior to departure
  – Readings (articles provided)
  – Short pre-departure essay

• During Trip
  – Full participation
  – Permaculture Design Project & Presentation
  – Personal Project idea development

• Post-trip
  – Reflection paper
  – 3-4 month update on Personal Project
Course Content

• Sustainability from a whole systems perspective
• Primarily follow the framework for Permaculture Design Certification courses
• Added elements of:
  – Personal Leadership Development
  – Community Building
  – Quechua Culture
  – Mountain Life
Community Project? TBD...
Community Project? TBD...
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<tr>
<th>Time</th>
<th>Daily Intention</th>
<th>Arriving</th>
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<th>Orienting</th>
<th>Building a container</th>
<th>Diving In</th>
<th>Inter-dependence</th>
<th>Hiking</th>
<th>Plant relatives</th>
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<tbody>
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<td>7:30 am</td>
<td>Morning</td>
<td>Morning Session 1</td>
<td>Taxi to bus station</td>
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<td>Independent Travel - Arrive in Miraflores neighborhood of Lima, Peru by evening</td>
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<td>9:00 AM</td>
<td>Morning Session 1</td>
<td>Catch and Store Energy – Sustainable Energy System</td>
<td>Natural Building</td>
<td>Trees</td>
<td>Service Project in Llupa (community based learning)</td>
<td>HIKING to Churup</td>
<td>Circling Back: Catch-up, fill-in, review core Permaculture content</td>
<td>PDC work session</td>
<td>Final PDC Presentations</td>
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<td>Microclimates</td>
<td>Natural Building</td>
<td>Water Systems</td>
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<td>Afternoon Session 1</td>
<td>Llupa project brainstorm</td>
<td>Natural Building</td>
<td>Building a Grey Water System</td>
<td>Reflection on Llupa Project</td>
<td>PDC work session</td>
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<td>Dragon Dreaming Workshop</td>
<td>Letter Activity / Course Evals</td>
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<td>4:15 pm</td>
<td>Afternoon Session 2</td>
<td>Llupa project prep</td>
<td>Natural Building</td>
<td>Llupa project prep</td>
<td>Rest time</td>
<td>PDC work session</td>
<td>PDC work session</td>
<td>Understanding and nurturing my support network</td>
<td>Packing Time / Dinner (5:45-6:30)</td>
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<td>6:00 PM</td>
<td>Dinner</td>
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<td>8:00 PM</td>
<td>Evening</td>
<td>Creativity night</td>
<td>Documentary Night: The man who plants trees</td>
<td>Homestay in Llupa</td>
<td>Free time</td>
<td>Pizza Night</td>
<td>Jam Night</td>
<td>PDC presentation planning</td>
<td>Community Circle</td>
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</tbody>
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Program Partner

• Ka’Way Monti (Quechua for “Tree of Life”)

— The “Living Change” Team
1. Observe & interact
   "Beauty is in the eye of the beholder"

2. Catch & store energy
   "Make hay while the sun shines"

3. Obtain a yield
   "You can't work on an empty stomach"

4. Apply self regulation & accept feedback
   "The sins of the fathers are visited on the children of the seventh generation"

5. Use & value renewable resources & services
   "Let nature take its course"

6. Produce no waste
   "A stitch in time saves nine"
   "Waste not, Want not"

7. Design from patterns to details
   "Can't see the forest for the trees"

8. Integrate rather than segregate
   "Many hands make light work"

9. Use small & slow solutions
   "The bigger they are, the harder they fall"
   "Slow and steady wins the race"

10. Use & value diversity
    "Don't put all your eggs in one basket"

11. Use edges & value the marginal
    "Don't think you are on the right track just because it's a well-beaten path"

12. Creatively use & respond to change
    "Vision is not seeing things as they are but as they will be"
PDC Requirements

• 72 Hours of Direct Contact
• Follows PDC Content Outline, including:
• A Design Project
Average Rainfall (inches) Graph for Huaraz

- **March**: 10 inches
- **April**: 5 inches
- **May**: 1 inch
- **June**: 0 inches
- **July**: 0 inches
- **August**: 0 inches
- **September**: 0 inches
- **October**: 0 inches
- **November**: 2 inches
- **December**: 2 inches

Legend:
- **Precipitation (inches)**
- **Average Rainfall Days**
The Churup Mountain Lodge
Health Concerns

• Altitude
  – Consider getting altitude meds
  – We’ll take it easy the first few days

• Physical activity

• Sun exposure
  – Bring sunscreen & a good brimmed hat

• Always some risk of pathogen exposure through food & water
  – Be smart in transitions